

Sacred Spaces

Living As Light

Reverend Doctor Toni Petrinovich

**Second Wave
Physical Body**



Photo credits:

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Second Wave ~ Physical Body

The Physical Body

The physical body is usually explained as a material structure composed of flesh, blood, bones and organs. It is what is construed as the “outer” form or the face presented to the “outside” world. It mirrors the expression of the ego’s personality.

The human physiology is the receptacle of consciousness through all of the complex processes inherent to it. It is a walking informational vehicle streaming the experience of consciousness. Though it may appear that application of these processes is only relevant to this frequency plane, DNA has access to information that the mind does not.

Consciousness is *not* the mind, feelings or emotions. It encompasses every aspect physically and non-physically. The foundation of apparent conscious awareness is the consciousness in each cell – indeed, every atom of the biology.

Science refers to atoms and molecules as innate matter though every aspect of the physiology is dynamic – constantly moving, ever-changing, transforming. The autonomic functions of the body exchange information below the level of conscious awareness. To a certain degree, these activities are involuntary. The voluntary, conscious responses within the body are prompted by stimulus as perceived in the personal reality. It is subjective based upon the significance given the catalyst.

The Physical is in a State of Constant Change

There is a constant transference of energy throughout the physical system, mind, emotional nature and environment. It is the center point of constant energetic interchange among interactions with other people, inner thought patterns, the output of physical energy which is often called "work" or "play" and the decision making capabilities of the conscious and the subconscious playing out through the spiritual and emotional bodies.

Human beings are routinely changing, exteriorly as well as interiorly. Each variation either requires realignment of thought patterns or strengthens the ones already apparent. Every time energy is applied in a different manner to any situation, the ability to grow and sustain an evolving body/soul/mind pattern increases. Spiritual development follows the structure of the energy system. *Each is already enlightened and perfect, exactly as is, in the midst of this change.* All of manifestation is in a constant state of shift. **No thing remains static.**

Since the creative activity coursing through the body is so volatile, so imbued with the desire to take action, one of the greatest challenges is to use it consciously and wisely. Properly practiced application of the universal energy can, and does, create what some refer to as *miracles*. In actuality, it is the application of those powers inherent within the individual. Any resistance held within consciousness is the direct result of perception of separation from the core Self. *Each is a natural "miracle maker"*.

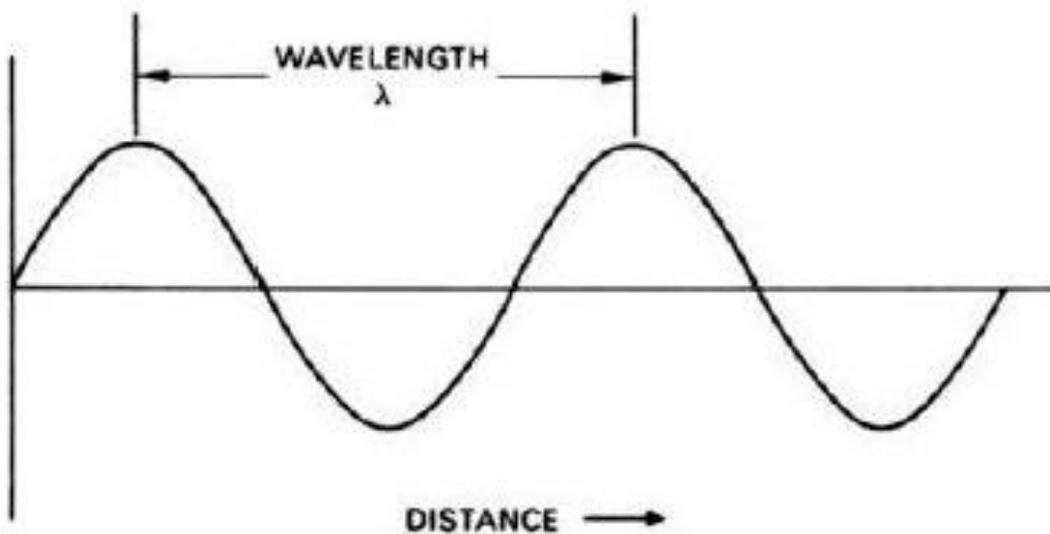
“Miracles” do not occur in time nor do they *occur* within the physical realm. They *result* in a material manifestation. This dimension is not composed of particles of matter. It is a frequency domain of energy waves vibrating slowly enough to be observed by the physical eye. This causes the concept of the material or physical to appear real in this plane. Shifts in the invisible dimension often cause what some refer to as the *miraculous* to “appear”.

Frequency and Wavelength

Frequency is a number of recurring events measured in a specific period of time. Think ocean waves here or a pendulum in a clock - how many times the wave goes *up* and *down* in a given time period; anything moving back and forth or up and down and how often it does so in a specific period of time. The unit of frequency is usually hertz (Hz), named after the German physicist Heinrich Hertz (*meaning "heart" in German*). 1 Hz equals one event per second; the event occurs once every second. **This is frequency.**

Wavelength is the distance between two successive points in a wave similar to ocean waves or the waves you make when you throw a rock in water. There is a distance between the top of each wave. **This distance is the wavelength.**

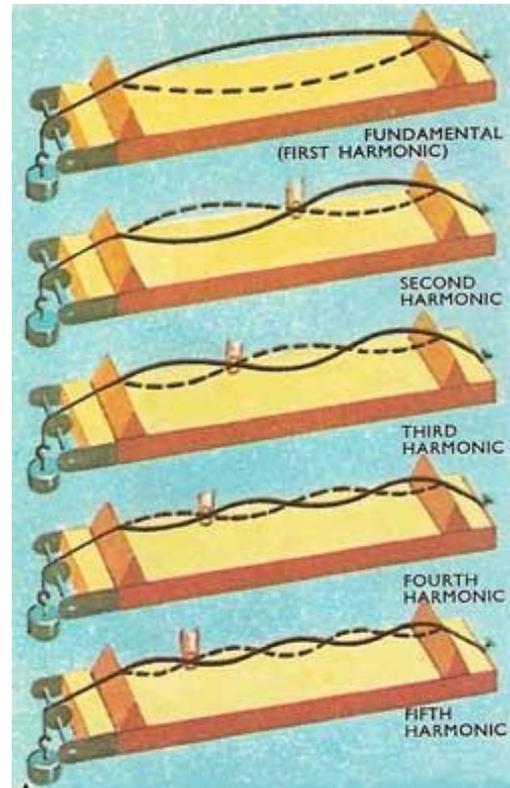
A wave has a period between each time it moves either back and forth or up and down. How often it goes up and down or back and forth is the frequency.



*The electromagnetic field is a physical field (space) produced by electrically charged objects (depending upon the charges in the parts of the atoms within it) moving through *frequency* and *wavelength*. Electromagnetic waves travel at the speed of light. The electric field is produced by stationary charges (voltage: + or -) and the magnetic field by moving charges; these two are often described as the *sources of the field* - the higher the voltage, the stronger the field. It is called the **electromagnetic field because it is the combination of an electric field and a magnetic field**. *The field affects the behavior of any other charged objects in the vicinity of the field.**

The force of the field holds the electrons and protons in atoms together. These *atoms* make *molecules*. **A human body is comprised of molecules.** The body is comprised of *matter* and *space*.

Matter is energy moving as a wave through space. When the wave is in harmony with another wave, they overlap or interact symmetrically, with a net result of greater energy. This is called *constructive interference*. When the waves are out of synch, out of phase, they create a flat line or *destructive interference*. There is a third – another frequency created by two waves that are in *harmonic resonance*.



This electromagnetic field is comprised of photons, elementary particles (a fundamental particle, not made up of sub-particles). A photon is a particle of electromagnetic energy having no mass (weight), no electric charge, and an indefinitely long lifetime. **It has no electric charge because it carries the electromagnetic force.** Photons are sometimes called "light" though they are not only or completely that. Photons are everywhere, even in a vacuum where there is supposed to be nothing, there are still photons. The physical body is made up of these photons.

Energy is Neutral

Perception determines observation. *Perception is a unit of awareness.* Because awareness is colored by past experience and fear of the future, perception *controls behavior*. Perceptions are beliefs. Beliefs cause actions or reactions depending upon expectations within the environment.

All energy is neutral. It has no desire, no goal and no information except that which is given to it. Beliefs change neutral energy to a subjective, energetic charge. This is the causation of the idea of “miracles”. When the conscious knowing *becomes the energy wave’s information*, it impacts the physical world creating what looks like spontaneous change. Actually, it is supplying instruction to another wavelength and transforming that energetic construct. Energetic information is *within the form – ation*.

Since the source is the ultimate composition underlying all energy, it is the source within this frequency plane that is supplying the information to the energy wave (carrier wave) and changing the form of the physical vibration. The ***source acts upon the source within this dimension’s electromagnetic field while maintaining its causation of it.***

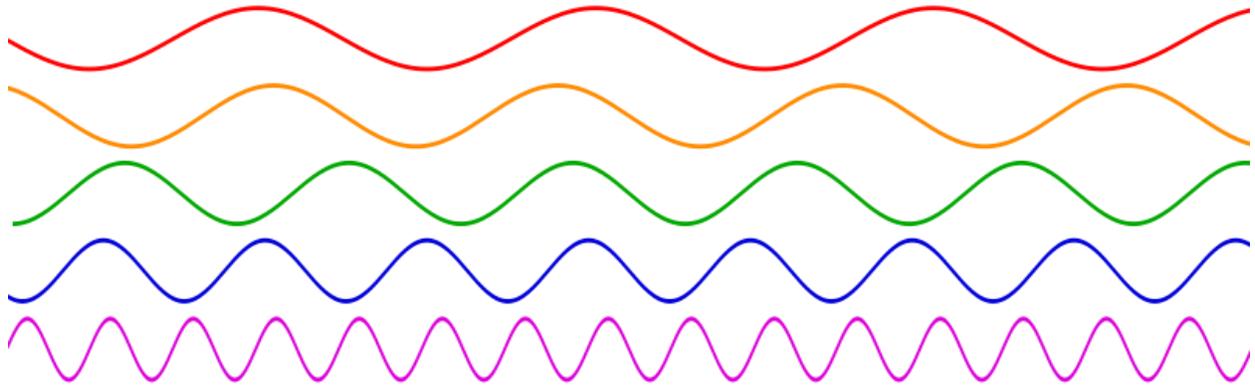
Experience within the field of this dimension is the *result* of energetic movement, *not the energy itself*. The physical body creates sensations relaying information to the brain/mind complex informing it. Belief about the information, based on the significance placed upon it, creates experience and subjective reality.

Stress, worry, disappointment, anxiety and all of their cousins cause imbalance within the body’s field. The *equilibrium of energy (homeostasis)* and the acceptance of its movement through the body begins the sought after improvements. The mind begins to perceive a change in the body releasing its hold on the illusion of separation. **Comprehension of balance within the bodies** begins awareness of the changes occurring within the physiology.

Everything within the perceptual zone appears *real* to the observer. Everything that is not perceived *does not exist to the observer*. Each time an experience occurs outside the personal perception of reality and that experience becomes real, the perceptual experience expands. In the case of realignment and rebalancing within the physiology, the new understanding is the feeling within the body profoundly affecting mental and emotional states. It is a new reality in which discomfort has no resonance.

Coherency

Coherency pertains to waves that maintain a fixed phase relationship, as in coherent light. It is the fixed or stable phase relationship that allows one to **feel** coherency within the physiology, including the mental and emotional domains. *Phase is synchronization within the time it takes to complete a full cycle.*



Coherence is the underlying principle of all systems within this dimension. Resonance and harmony are the result. Two bodies do not need to be in exactly the same frequency of vibration. They each **do need** to be in a *stable phase* relationship within themselves.

No system, whether a romantic partnership, a family, a company, city, state, nation, globe, solar system, galaxy or universe is able to survive, far less thrive, if the individual constituent parts i.e. members are incoherent – out of phase and disconnected within themselves, out of resonance with the whole.

This does not mean that *the individual* or the *physiological systems within an individual* have to be exactly the same frequency. Each of the bodies constituent parts (brain, heart, organs, muscles, etc.) rely on an entrained, synchronized participation. Since the heart carries the strongest electromagnetic signal within the body, when it is coherent the remainder of the systems follow suit more easily, including the brain.

The inherent *standing wave* form of matter relies upon coherent frequencies to develop sustainable wavelengths. *These waves carry information which equals*

energy which equals light. A standing wave transmits and receives simultaneously. An authentic state of well-being felt throughout a system creates a state of coherency flooding the field with coherent light emitted from within the system. A state of incoherency creates disruption within the phase of frequency. It is disconnected, out of alignment with the natural status of nature and out of resonance with that which is coherent and thriving in the environment.

The heart, as the voice of the soul, is constantly emitting frequencies that are read by the autonomic nervous system as it adjusts its physiological status. Speaking for the soul, the heart knows what feeling, thought, word and action (or inaction) is best suited to a soul's expression on a moment-to-moment basis. When there is resistance to the heart's urging, its intrinsic message, *with reliance upon the conditioned patterns of brain waves,* a stressful pattern is setup within the body creating incoherency.

The Breath

Working with the breath assists in maintaining a *coherent connection* between body and mind. Many meditation techniques are corner-stoned in the awareness of the breath, the counting of breaths and the constant return to it when the wandering mind begins to take over the meditative floor. How one breathes reflects the state of the nervous system and also directly influences the nervous system which in turn affects the state of health and well-being. Changing the rhythm and depth of breathing regulates the heart rate, blood pressure, circulation and digestion. It creates *coherence* in the body when the troughs and the crests of the frequency wavelength are equal.

During conscious breath control, the body is manipulating prana (chi or cosmic energy), the universal energy, *of which breath is the physical form.* The practice of pranic control balances the body's energies and attunes them with the Cosmic. Thus, it is perceived once again that the control of energy in the body will influence the mind and emotions creating a healthy environment for life to continuously thrive. *Reprogramming of the cellular vibration* by using intention to hold all levels of consciousness brings the cells into balance.

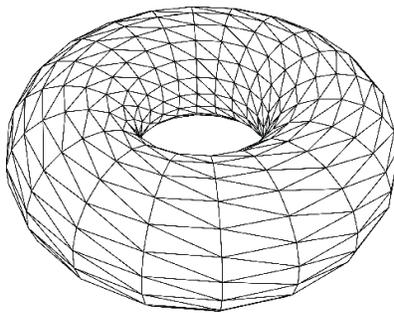
Attempting to control, judgmental attitudes or pushing to achieve a certain goal, creates uncertainty in the cells of the body. *The pushiness creates the feeling of edema, fullness; the withdrawing from fear creates a feeling of shrinking, tightness of cells.* The balance feels just right; it fits.

In creating harmony in the cellular structure of the body that which is sometimes called *karma* (which is nothing more than *reactions arising from actions*) is transmuted. Karma creates certain expectancy in the cellular fluid. If expectancy is bypassed, the cells realign themselves with universal frequency. There is no longer a state of "reaction".

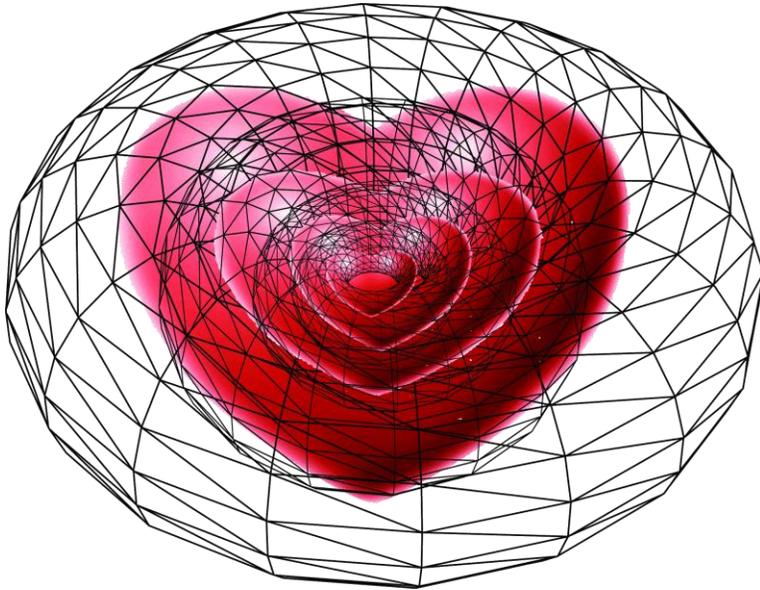
Breath, consciousness, balancing in each moment with that breath and that consciousness, allows homeostasis into the cells, effects the structure of memory and brings peace and joy to the organism. It is incorporated into the wholeness of the source experience.

Heart's Morphic Field

The personal biological field (*biofield*) is a very strong "region of influence" that not only perpetuates the experience as a standing wave it also influences the reality of others in the environment. The *personal field or environment* is much larger than normally imagined. *Feelings* (first) and *thoughts* (second) are constantly creating energetic influences streaming in all directions – that is *every* dimensional frequency not only that in a lateral or directional capacity.



As a standing wave, all information is contributed to the expanses of the local environment while, at the same time, emitting the “information” infinitely in every direction and dimension. It is either a contribution to the changes or an addition to the dismay and confusion of this dimensional plane. *All are contributors to the experience humanity is having right now.*



Each individual’s aspects (physical, emotional, mental and etheric) contain the account of its earthly experiences (as well as the infinite record of the soul). The intention (fueling *everything*) to shift present day experience is overlaid by “past” experiences which are truly parallel within no time/space. Hence, **intention becomes the activator** of each human’s field and determines how it will “morph” itself and that of all else.

Since the heart is the strongest electromagnetic field in the human body, focus upon the *intention* dynamically influences the surroundings. Customary instruction from infancy is to *use the mind, make up the mind, define the mind, create with the mind* and, basically, become a mentally-oriented person. This is not the primary function of these human bodies.

A significant portion of every day is spent attempting to influence activities in and around the personal environment. These “activities” may be called *morphic fields* since they have the ability to change. Within these fields what is felt, thought and done **manifests** based upon intention in the moment. The electromagnetic heart is the perfect magnifier of that intention. Within the heart resides the ultimate morphing capability of the source transmitted through the human.

The Second Wave is accompanied by the Second Wave Ritual on the Living As Light audio download page. It is the Invocation to the Violet Flame of the One Heart. The audio offering is the invocation with space between the phrases for you to recite the words out loud for your bodies to hear and your consciousness to integrate. The piece is 4.28 minutes in length.

Second Wave Ritual

Purification through The Violet Flame

The Violet Flame is a multidimensional, transformational vibration. It creates a frequency of freedom and purification. Through the use of ritual and ceremony, the Violet Flame is called upon to etherialize that which has completed its service in any realm. It uses the sacred fire through intention, thought and word to transmute and transform material into a more purified, etheric form.

Through the Violet Flame, the transmutation of absolution is felt and created. By invocation, an individual may use this fire to summon the power of the source to change the energy of any interaction into the pure source energy of absolution and perfect order. This attribute creates an invitation to eternal cosmic service as the individual continues on the path of personal spiritual development.

Embodying this attribute creates a unified field of multidimensional energy enabling an individual working to transmute the dross material of the earth plane into the amethyst of healing. This transformational energy purifies the soul fabric resurrecting and perfecting the soul in its journey in earth. As the energy inherent in the individual's etheric field is aligned with the vibration of absolution, it etherializes the earth plane and allows the welcoming change of cosmic service to become a reality in life.

Calling in the Violet Flame of the One Heart

I now call upon the Violet Flame
to fill the spaces between the cells of my body
with the liquid flame of Transmutation.

I place within this burning flame all dross,
all dense matter and all perceived negativity
for its purification in all realms of manifestation.

I invoke the Keeper of the Flame in the name
of the One Heart to create within my bodies
a container in which the flame may burn
until this form has completed its service within this realm.

May all that is embodied within me experience
the union of the Violet Flame within the One Heart
and may this integration purge forever the illusion
of separation within my consciousness.

I accept my role as a Christed One creating eternally
an agreement within my blueprint that fuses the fabric
of my soul with the Sovereign Consciousness of

All That Is.

So Be It and So It Is.